



# **OCTOBER DEVOTION**

## The Rosary Prayer Guide



# The Sorrowful Mysteries

## MEDITATION FOR THE HOLY ROSARY

### Song: Holy Spirit Come to Us (3x)

Holy Spirit, come to us,  
Kindle in us the fire of your love.  
Holy Spirit, come to us,  
Holy Spirit, come to us.

### Apostles' Creed

I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.

He descended into Hell; the third day He rose again from the dead; He ascended into Heaven, and sitteth at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and life everlasting.  
Amen.

## **Our Father**

Our Father, Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come. Thy Will be done,  
on earth as it is in Heaven.

Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.

## **Hail Mary**

Hail Mary, Full of Grace,  
The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of our death.                      Amen.

## **Glory Be**

Glory be to the Father, and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be, world without end.                      Amen.

## **L1: The First Sorrowful Mystery - The Agony in the Garden**

Then Jesus came with them to a place called Gethsemane, and He said to His disciples, "Sit here while I go over there and pray." He took along Peter and the two sons of Zebedee, and began to feel sorrow and distress. He advanced a little and fell prostrate in prayer, saying, "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as You will." (Matthew 26:36-39)

## **L2: Our Father**

Our Father, Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come. Thy Will be done,  
on earth as it is in Heaven.

Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil. Amen.

**L1: Heavenly Mother, I pray that I always make time for prayer as Jesus did in the Garden of Gethsemane.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray for the faith and steadfastness not to give up prayer when times are tough.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Holy Mother, I pray for parents, that they continue to lead their children in practicing their faith by setting a good example.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray for trust in God's Will for me, even if I don't understand it or it is difficult to follow.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray that God spares me difficulty in my life but, if not possible, that I find the strength to imitate Jesus by accepting God's Will.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**Glory Be**

Glory be to the Father, and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.



**L1: Heavenly Mother, I pray for those who are suffering, whether it be minor inconveniences or serious persecution.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray for those who suffer silently and do not think anyone cares about them.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray for those who suffer because of sinful choices; that they acknowledge their sins and seek God's forgiveness.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.



**L1: Heavenly Mother, I pray for the strength to endure any trials and hardship life brings.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, may the thought that we are all brothers and sisters in Christ prevent me from ever intentionally harming anyone.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**Glory Be**

Glory be to the Father, and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

**Oh My Jesus (Fatima Prayer)**

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those most in need of Thy mercy.

## **L1: The Third Sorrowful Mystery - The Crowning of Thorns**

The soldiers led Him away inside the palace, that is, the praetorium, and assembled the whole cohort. They clothed Him in purple and, weaving a crown of thorns, placed it on Him. And kept striking His head with a reed and spitting upon Him. And when they had mocked Him, they stripped Him of the purple cloak, dressed Him in His own clothes, and led Him out to crucify Him. (Mark 15:16-20)

## **L2: Our Father**

Our Father, Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come. Thy Will be done,  
on earth as it is in Heaven.

Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation,  
but deliver us from evil. Amen.

**L1: Heavenly Mother, I pray for forgiveness for the times I have sinned and I did not give Jesus Christ the honor He deserves.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray for forgiveness for the times I have not recognized Jesus in my brothers and sisters.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray for the desire to live in constant honor of Jesus by leading a life of prayer and charity.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray that I do not take my faith for granted and always remember the precious gift that it is.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L 1: Heavenly Mother, I pray for those who suffer, that they find comfort in the fact that they imitate our Lord Jesus Christ.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**Glory Be**

Glory be to the Father, and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

## **O Oh My Jesus (Fatima Prayer)**

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those most in need of Thy mercy.

## **L1: The Fourth Sorrowful Mystery - The Carrying of the Cross**

As they led Him away they took hold of a certain Simon, a Cyrenian, who was coming in from the country; And after laying the cross on him, they made him carry it behind Jesus.). A large crowd of people followed Jesus, including many women who mourned and lamented Him. (Luke 23:26-27)

## **L2: Our Father**

Our Father, Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come. Thy Will be done,  
on earth as it is in Heaven.

Give us this day our daily bread.  
And forgive us our trespasses,

as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil. Amen.

**L1: Heavenly Mother, help me find the will to help those who are burdened by difficulty and despair.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray that I have hope and find peace despite life's challenges.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray for the comfort of those who live in despair and hopelessness.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray that I find the strength to receive the Sacrament of Reconciliation when I fall under the weight of sin.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, help me understand that all of life's misfortunes are temporary and that I will find healing peace in God's heavenly kingdom.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**Glory Be**

Glory be to the Father, and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and ever shall be, world without end. Amen.

## **Oh My Jesus (Fatima Prayer)**

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those most in need of Thy mercy.

## **L1: The Fifth Sorrowful Mystery - The Crucifixion**

Then he handed Him over to them to be crucified. So they took Jesus, and carrying the cross himself He went out to what is called the Place of the Skull, in Hebrew, Golgotha. There they crucified Him, and with Him two others, one on either side, with Jesus in the middle. When Jesus had taken the wine, He said, "It is finished." And bowing His head, He handed over the spirit. (John 19:17-18,30)

## **L2: Our Father**

Our Father, Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come. Thy Will be done,  
on earth as it is in Heaven.



Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil. Amen.

**L1: Heavenly Mother, I pray, that like the good criminal on the cross, I ask Jesus to simply remember me when I pray to Him.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray that I show faith in God's plan instead of asking Him to “prove himself” to me like some of the people who witnessed Him on the cross.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray that I express hope even in the darkest moments in my life.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray that I show love and forgiveness to those who hurt me.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

**L1: Heavenly Mother, I pray that I see the face of Jesus in those around me who suffer and be moved by compassion to help them.**

**L2: Hail Mary**

Hail Mary, Full of Grace, The Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners now,  
and at the hour of our death. Amen.

## **Glory Be**

Glory be to the Father, and to the Son,  
and to the Holy Spirit.

As it was in the beginning, is now,  
and ever shall be, world without end.        Amen.

## **Oh My Jesus (Fatima Prayer)**

O my Jesus, forgive us our sins, save us from the fires  
of hell, and lead all souls to heaven, especially those  
most in need of Thy mercy.

## **Hail, Holy Queen**

Hail, holy Queen, mother of mercy, our life, our  
sweetness, and our hope. To you we cry, poor banished  
children of Eve; to you we send up our sighs, mourning  
and weeping in this valley of tears.

Turn, then, most gracious advocate, your eyes of mercy  
toward us; and after this, our exile, show unto us the  
blessed fruit of your womb, Jesus. O clement, O  
loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God.  
That we may be made worthy of the promises of Christ

## Concluding Prayer

O God, whose Only Begotten Son, by His Life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen

**End with the Sign of the Cross.**

## Marian Songs

### Our Lady of Fatima

Our Lady Of Fatima,  
We Come On Bended Knee  
To Beg Your Intercession,  
For Peace And Unity.  
Dear Mary, Won't You Show Us  
The Right And Shining Ways.  
We Pledge Our Love And Offer You  
A Rosary Each Day.

You Promised At Fatima,  
Each Time That You Appear,  
To Help Us, If We Pray To You,  
To Banish War And Fear.  
Dear Lady, On First Saturdays,  
We Ask Your Guiding Hands,  
For Peace And Guidance Here On Earth,  
And Protection For Our Land.

Our Lady Of Fatima,  
We Come On Bended Knee  
To Beg Your Intercession,  
For Peace And Unity.  
Dear Mary, Won't You Show Us  
The Right And Shining Ways.  
We Pledge Our Love And Offer You  
A Rosary Each Day.

## **Immaculate Mother**

Immaculate Mother  
To you do we plead  
To ask God, our Father  
For help in our need  
  
Ave, ave, ave maria (2x)

We pray for our country  
The land of our birth  
We pray for all nations  
That peace be on earth

## **Awit ng Santo Rosaryo**

Minsan ang buhay ay isang awit ng galak  
At mayroong liwanag na tatanglaw sa 'ting  
pagyapak  
Minsan ang buhay ay isang awit ng luha  
At s'yang papawi nito ay ang pag-asa ng umaga

At kahit anong tindi ng unos,  
at kahit anong tindi ng dilim  
May isang inang nagmamatiyag,  
nagmamahal sa 'tin  
Awit n'ya'y pag-ibig ng Diyos,  
tawag n'ya'y magbalik-loob  
Turo n'ya'y buhay na ang Diyos  
lamang sa ati'y nagkaloob

Oh, Inang mahal, narito kami't  
awit-awit ang Ave Maria  
At dalangin ng bawat pamilya'y  
kapayapaa't pagkakaisa

Ang rosaryo mong hawak namin  
at awit-awit ang Ave Maria  
Puspos ka ng diwang banal,  
dinggin ang aming payak na dasal  
Ihatid mo kami sa langit ng Amang nagmamahal

Oh, Inang mahal, narito kami't  
awit-awit ang Ave Maria  
Sa anak Mong si Hesus, puso namin ay  
ihahandog

Ang rosaryo mong hawak namin  
at awit-awit ang Ave Maria  
Puspos ka ng diwang banal, dinggin  
ang aming payak na dasal  
Ihatid mo kami sa langit ng Amang nagmamahal

(Tuesday & Friday)



Philippinische Katholische Gemeinde

Church: Gärtnerweg 60

Office: Elsheimerstr. 9

60322 Frankfurt am Main

Office Hours: Tuesdays-Fridays 10 a.m. – 4 p.m.

Tel. 0176 64994755

Website: <https://filipinocatholic.de>

Facebook Page: The Filipino Catholic Communities  
in the Diocese of Limburg

E-Mail: [philippinische-gemeinde@bo.bistumlimburg.de](mailto:philippinische-gemeinde@bo.bistumlimburg.de)